

List of Additional Caregiver Support Organizations

Caregiver Support and Advocacy Organizations

Below is a list of caregiver support and advocacy organizations that connect caregivers with other parents and professionals. These organizations offer emotional support, shared experiences, and practical information and tools to help caregivers feel supported and navigate their caregiving journey.

1. [Mom2Mom \(1-877-914-MOM2\)](#)
2. [Parent to Parent \(P2P\) USA](#)
3. [Caregiver Action Network](#)
4. [Family Voices](#)
5. [The Arc](#)

Recreation and Physical Activity Organization

The resources below aim to connect families to adaptive sports and recreation programs for children with disabilities, creating opportunities for kids to stay active, build confidence, and participate alongside their community.

1. [Move United USA](#)
2. [American Association of Adapted Sports Programs](#)
3. [Special Olympics](#)
4. [Sports Abilities](#)
5. [Challenged Athlete Foundation](#)
6. [BlazeSports America](#)
7. [United States Association of Blind Athletes](#)
 - Helps families connect their children who are blind or visually impaired to adapted sports opportunities that promote inclusion, movement, and confidence.

Financial and Family Support Resources

1. [Children's health Insurance Program \(CHIP\)](#)
 - Offers health insurance coverage for children with disabilities, including medical care, therapies, and occasionally transportation
2. [Supplemental Security Income \(SSI\)](#)
 - Provides monthly financial support to eligible children with disabilities to help families cover basic needs.

3. [ADAPT Community Network](#)
 - Support families by helping navigate Medicaid and insurance coverage, connecting caregivers to public benefits and waiver programs, and providing services that are often covered through public funding or insurance
4. [MTA Paratransit Service](#)
 - Offers accessible transportation for individuals with differences, which may help reduce transportation-related costs and barriers for families traveling to healthcare and community appointments.

Swimming and Safety Resources

Below are swimming safety resources that offer caregiver-friendly education on water safety, emergency preparedness, and essential skills to help families navigate water safety with confidence.

1. [American Red Cross Swim Safety](#)
2. [Swim Lessons: When To Start and What Parent's Should Know](#)
3. [Water Safety Skills](#)
4. [5 Skills to Save Your Life in Water](#)
5. [Drowning Prevention Information](#)

Educational Resources

Below are resources designed to help caregivers navigate the education system by offering education, training, and guidance on special education services. These organizations support caregivers in understanding educational rights and accessing tools and information to best meet their child's learning needs.

1. [PACER Center](#)
2. [National Center for Learning Disabilities \(NCLD\)](#)
3. [SPAN Parent Advocacy Network](#)
4. [Center for Parent Information and Resources](#)
5. [Learning Disability Association of America \(LDA\)](#)
6. [Council for Exceptional Children](#)
7. [Cerebral Palsy Toolkit](#)

These resources are shared to help caregivers feel **supported, informed, and less alone** as they navigate water safety, healthcare, education, and community supports. Not every resource will be the right fit for every family, and that's okay, this list is meant to offer **starting points** as you explore what best supports your child and your family.

